

MIDWEST – MIDWEEK

Brothers of Holy Cross – Midwest Province - P.O. Box 460 – Notre Dame, Indiana 46556-0460

November 2, 2022

Our Poets, Past and Present

Autumn

I trim the garden hoping
to stave the winter off.
I may as well pretend
the gold and amethyst
falling at my boots
is worth the effort.

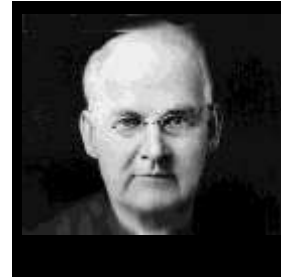
They're not. The brown
succeeding them is every bit
as beautiful as what
the purple summer brought,
festooning us, the royalty
we like to think we are.

But here come the mums,
all cushiony, all plush,
a first reminder death swings
around the corner,
snapping his finger
as the last roses fade.

—**Brother George Klawitter, CSC**



Brother Columba O'Neill, C.S.C.
Servant of God



Website

<https://brothercolumba.com/>



Brother Philip Smith, C.S.C.
Postulator of the cause for Brother Columba

Click
Link

Here is a new article about Brother Columba on the website *Servant of God Columba O'Neill: The Holy Cobbler of Notre Dame*, by Meg Hunter-Kilmer. The article appears in the October 24, 2022 issue of *Church Life Journal: A Journal of the McGrath Institute of Church Life*, University of Notre Dame.

Visitor from Rome



Brothers Prodig Placid Gomes (Second General Assistant) and Nicholas Thielman visited Brother Ron Christenson, a resident of Dujarie House. Ronald was Prodig's formator when both were in Bbdesh.

Prodip, Ronald



Prodip, Nicholas, Ronald

Generalate Presentation to Columba



Before lunch on Saturday, October 29, Brother Paul Bednarczyk talked us through a slideshow entitled *Update from the General Administration*. Present were four members from his administration: Father Emmanuel Kallarackal, Brother Prodig Placid Gomes, Brother Bertrand Nee Wayoe, who also were introduced to our house. Each gave a brief report on what he has as a commission.

Top
Paul

Right
Emmanuel
Prodip
Nee



A Q/A period followed. Chapel was filled. It was an enthusiastic event and all seemed pleased with the meeting. We will be asked to contribute more in developing our future.





Greetings from Bangladesh

Email from Brother Francis Boylan:



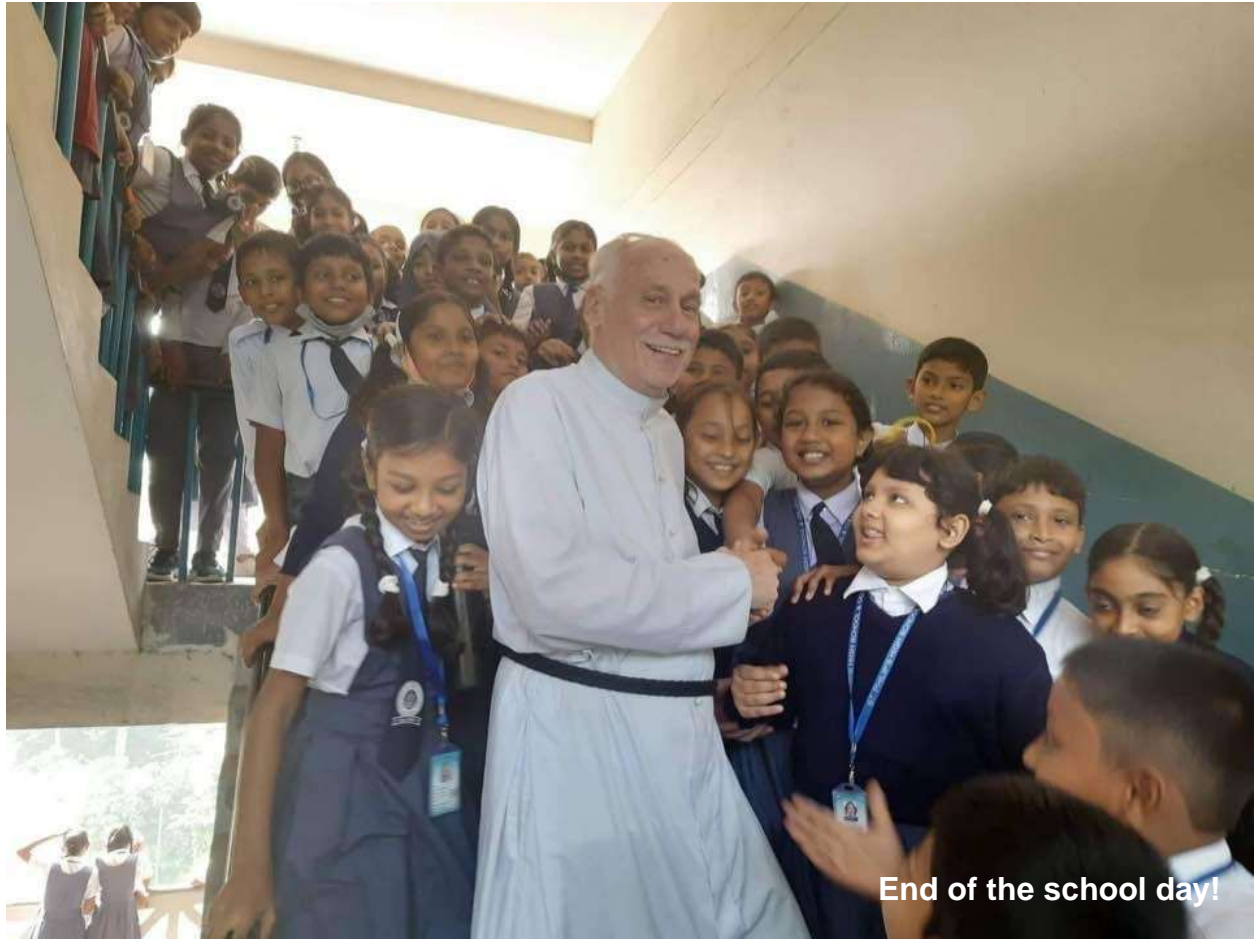
Good morning boys and girls!



Morning Traffic



Winter in Bangladesh



Healthy Aging Series

Choosing A Health Care Plan As We Age in Place

As we enter our later years, all of us will have a wide variety of health changes. Some will be more significant than others. What's important is how we respond to these changes. What approach or plan do we follow? We have many choices for our decision making. I offer three models to consider as one ages in place: Independent, Dependent, and Interdependent.

With the independent model, individuals tend to be inflexible, stubborn, reluctant, closed to suggestions, knowing everything about health. Sometimes they wait for a medical crisis before addressing any health changes. Dependent individuals believe they can do nothing for themselves, are not very direct about their own health needs and find fault with those whom they depend on.

On the other hand, individuals choosing the interdependent model may have the best approach as they age in place. These folks usually have a flexible attitude and are compliant with medical interventions. In addition, they do everything they can for themselves, are open to advice, assistance, education, and take responsibility for their own safety and well-being.

So the question emerges, which model do you follow? In considering all three models, there is a high probability that most older adults pursue a combination of all three as they face health changes in later life. Some take charge of their health while others delay, stay in denial until they are in a medical crisis. From the research that is available, and my own experience in working with older adults, following the interdependent model appears to be the most beneficial plan to follow with the goal of achieving optimal health in one's later years.

So what specifically is meant by following, to a great degree, the interdependent model? I will address this question in the next series on Healthy Aging.

Brother Lew Brazil, Director Healthcare & Aging

Holy Cross Roads Writings for the Journey

This Moment

We hear from many quarters to relish the present moment, that it is in this moment that God is present, that in living in the present we will find the key to meaning.

With the passage of time it also is very easy to have settled in to certain habits which we barely notice repeating them over and over again. We have little awareness of living in the “now.” It is with a contemplative mind that we gradually learn how to give our full attention to what is actually happening now and its effect on us. In the mystery of this moment, we do not let this time pass in vain. We notice with great joy the passing of the seasons and their gift in the year we are living. From the flourish of summer with all of its greening, to the many colors of fall, to the bleakness of winter, to the first signs of budding life in the spring, we can come to grasp a part of what our human life can offer us. We can learn not to fear but to receive with love what is going on outside and what is going on within us. We also become aware of what is happening on the planet, our common home. Each day becomes a stepping stone to living a fuller life, a life that Jesus came to offer us.

- Is it hard for you to center yourself to experience the beauty of the present moment?
- Do you find yourself constantly concerned about what is going to happen or what has happened in the past?
- Is God present to you in your everyday experiences?

O God, help me have greater appreciation for each moment of my life.

Brother Carl Sternberg, C.S.C.

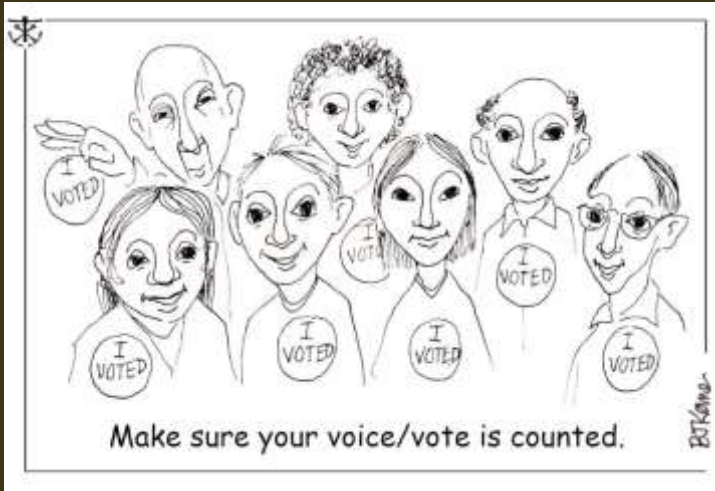


For more reflections to grow spiritually
please visit our new blog
<https://weeklyphiritualinsights.org/>



Reflection
Sent in by Brother Thomas Maddix, C.S.C.





Brother
James
Kane,
CSC



Past Copies of *Midwest-Midweek*

Since February 2006

Past copies of *Midwest-Midweek* may be viewed by scanning the icon or by clicking on the link below.



<http://brothersofholycross.com/publications/archived-publications/>

<p>View Website at: www.brothersofholycross.com</p>	<p>View <i>Midwest-Midweek</i> at: http://brothersofholycross.com/publications/midwest-midweek-newsletter/</p>
<p>Webmaster Proofreader</p>	<p>Br. Richard Johnson Br. George Klawitter</p>
<p>Please send material to the link below by Thursday the week before <i>Midwest-Midweek</i> is published.</p>	
<p>Send material to this address: Midwest-Midweek@brothersofholycross.com</p>	

Save this link in a SHORTCUT