MIDWEST – MIDWEEK

Brothers of Holy Cross – Midwest Province - P.O. Box 460 – Notre Dame, Indiana 46556-0460 February 21 2024

Our Poets, Past and Present

Keep Sealing Those Cracks

Every structure tends over time to develop cracks, fissures, and the like, which need upkeep and repair.

I find this especially true in my own life.

As faults and distractions appear in my life, they come as a nuisance, oftentimes even more so as a threat.

Prayer is God's sealant to seal those cracks, which helps me spiritually, so I don't fret.

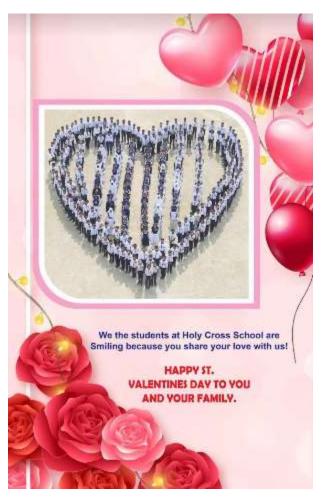
Just as in buildings, pavements, and sidewalks, cracks appear which need repair.

No vocation, career, or relationship will remain pristine and pure of its own accord, but needs its care.

Our Lord is always there to help us, so keep sealing those cracks with plenty of prayer and good works, that your foundation stays strong, with no room for Satan, wherever he lurks.

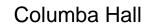
-Brother Jerome Kroetsch, CSC

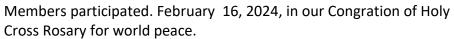




A Special Valentine

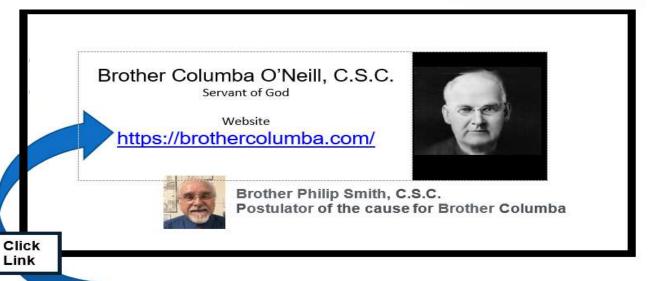
Brother Francis Boylan, C.S.C. emailed a picture of a valentine card sent by the school to all who in someway supported Holy Cross School, Bangladesh. Note the heart shaped assembled students.













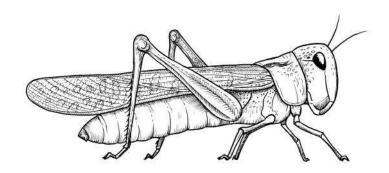
Bible Bites by Brother Robert Mosher, C.S.C.

What's On the Menu

People of both the Old and New Testaments apparently included insects in their menus. Some people today, of course, eat insects too. The Biblical Israelites, however, received some guidance in doing so: the Book of Levicus, part of the Torah (laws) states:

"All winged insects with four feet are detestable. But among the winged insects with four feet you may eat those that have jointed legs above their feet with which they leap on the ground [locusts, grasshoppers, crickets]... But all other winged insects that have four feet are detestable to you, by these you shall be unclean until evening" (Lev. 11:20-24).

By the time of Jesus, the Pharisees, known for their meticulousness in such matters pertaining to purification, painstakingly (and intimidating others) filtered wine for the presence of gnats, etc. Hygienically, there was no argument in itself against such a practice. The actual reason why Jesus railed against it was their overlooking the essential reason for purification: attainment of true moral purity. Admonishing the Pharisee's blundering oversight, Jesus said: "You strain out gnats, but swallow camels" (Matt. 23:24). The Pharisees inttend as all important the small impurity (gnat) and the greater impurity (camel [rather unkempt]).



Holy Cross Roads Writings for the Journey

Blessed Interruptions

There are certain patterns in our lives that guide us as we get through the day. When we brush our teeth, what we usually have for breakfast and so on are patterns that we repeat very day almost automatically. As we get older and even older, these patterns become a part of us. Some would say we become "set in our ways." They provide a sense of security. As things change around us, we can always fall back on the habits we have formed.

Then there are interruptions. They come in many forms causing us to change our schedule. Life at times seems unpredictable. Maybe this can be a good thing. Jesus and the Church say, "Repent and believe the good news." This not only means avoiding sin, but helping us have a new perspective about our life leading to a new way of living.

We might ask the questions: What is my heart's desire? What is my understanding about God and how am I relating to God? Am I motivated more by love or fear? Is God's love coming through in my speech and in my actions?

Lent is a time each year to ponder these things. It could mean letting go of habits that are no longer meaningful – a kind of dying so that new life has a chance to spring up. Seeds can lie dormant for years but with the right conditions can blossom in the desert. Interruptions can be a blessing.

- What are some of the habits you perform automatically almost every day?
- Is God calling you to let go and become open for new life?
- How would you like to experience Lent and Easter this year?

O God, help me be open to receive new life during this season.

Brother Carl Sternberg, C.S.C.



For more reflections to grow spiritually please visit our new blog

https://weeklyspiritualinsights.org/



Reflection sent in by Brother Thomas Maddix, C.S.C.



Beginning of Lent

February 14 - March 28, 2024



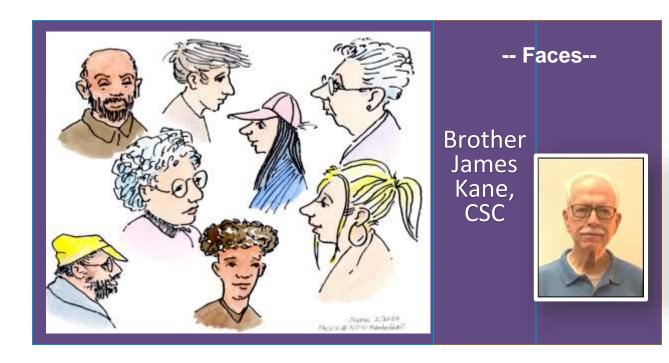
Lent is a time for prayer, fasting, and communal action.

This year let's fast from hurting words and say kind words.

Fast from sadness and be filled with gratitude.

~ Pope Francis





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Since February 2006

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