# MIDWEST – MIDWEEK

Brothers of Holy Cross - Midwest Province - P.O. Box 460 - Notre Dame, Indiana 46556-0460

#### October 26, 2022

# Our Poets, Past and Present

## St. Hildegarde's Dilemma

In Germany the eleventh century saw a sickly girl named Hildegarde grow into an abbess at Rupertsberg, near Bingen. And a remarkable lady was she, avant-garde.

Stats? A mystic, poet, musician, scientist, traveler, and inveterate letterwriter. Nothing more would delight her than a missive brighter

than sunshine received that would excite her!

Ah, but she dies. (Who

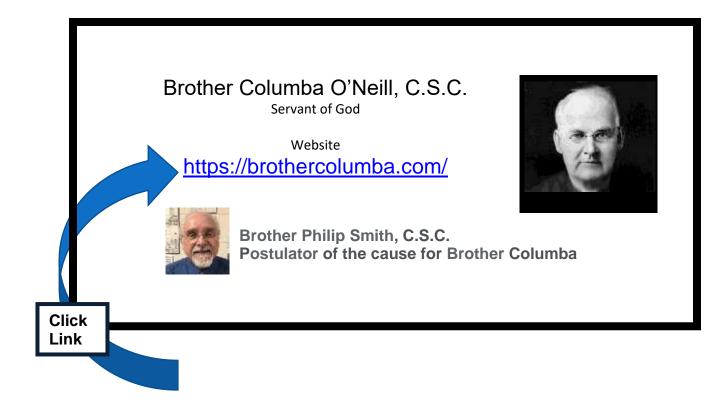
but something quaint surrounds her they forgot to canonize her! What a dilemma

for delady delovely, the victim of a trick so shady. Now is that any way to treat a lady?

Hildy, forgive us. We love you anyway. Write me a letter and I'll feel better. Since I'm not a panther, I'll anther—(thanks, Ogden Nash).

--Brother Remigius Bullinger April 16, 1994





## An Invitation from Holy Cross College

Upcoming Holy Cross College events may be viewed by clicking the following link:

https://www.hcc-nd.edu/holycrosslectureseries/



- 2 -

## This Past Weekend



Brothers Joseph McTaggart and George Klawitter visited this past weekend with Michael and Catherine Coscia, who came to South Bend for the Notre Dame football game against Nevada.

Their triplets graduated from Notre Dame five years ago and all three are in med school. In addition to his practice in Indianapolis, Dr. Coscia is helping to set up a surgical unit at a hospital in Africa. The Coscias enjoy visiting the Brothers at Columba Hall.



## A visit to Dujarie



Monday, Oct. 24, 2022, Brother Nee Wayoe (General Council Member presently living in Rome) stopped by to visit Brother Thomas Moser. Nee has been able to visit a number of friends while here at Notre Dame

for a four-province meeting of councils of priests, brothers, and sisters.

African symbol for shared hopes.

### Fr. Jomy Mathew, C.S.C. Cathedral High School



Father Jomy Mathew will replace Frather Emmanuel Kallarackal by being chaplain at Cathedral High School. Emmanuel has moved to Rome into the position of Vicar General, First Assistant.

Both Jomy and Emmanuel have enjoyed a luncheon and visit to Columba Hall. Both are members of the Province of North-East India.

#### Worrying

Who can say they never worry? Certainly, not me. For me, worrying is being anxious about a problem or situation in which I have little or no control over the outcome. Maybe that is why I keep going over and over it in my mind.

What helps me sometimes is to make an act of trust when I am on a "treadmill" in my mind with the same thoughts repeating again and again. I pray saying, "Lord, I am putting this into your hands." To make this be more than a sentence I need to be able to bring to mind the image of Peter's being asked to walk on water during the storm on Lake Galilee and to stay focused on Jesus. This is an act of trust that requires a different mindset. I become like the many people who asked Jesus for a cure. "Reasonableness" has to give way to a new kind of reality. It is a recognition of one's finiteness and a faith in God's compassion. This "letting go and letting God" has helped many to move forward with less stress. I can testify that when I put things into God's hands, many times things work out in a good way far beyond what I could accomplish on my own. After you have experienced this for yourself many times, this kind of trust becomes easier. If God has your back, why worry?

- Do you have a problem with worry?
- What helps you to overcome your worrying about a problem or situation?
- Do your faith and trust in God help you in these times?

### O God, help me put my trust in you.

### Brother Carl Sternberg, C.S.C.

For more reflections to grow spiritually please visit our new blog <u>https://weeklyspiritualinsights.org/</u>





Reflection Sent in by Brother Thomas Maddix, C.S.C.



