

MIDWEST – MIDWEEK

Brothers of Holy Cross – Midwest Province - P.O. Box 460 – Notre Dame, Indiana 46556-0460

January 25, 2023



Moreau

“... Bless and strengthen our collaborative efforts, our shared mission, and our communion of vocation, that like a mighty tree Holy Cross will grow and spring forth new limbs and branches around the world, bringing hope, justice, and love to those in need. We pray this through Jesus Christ our Lord and brother. Amen.”

**Congregation of Holy Cross,
Directory of Devotional
Prayer, #52. Family of Holy
Cross (II), pg. 124**

Brother Joseph Fox, C.S.C., has placed a yarn creation of Father Moreau in the sanctuary of Saint Joseph Chapel, Holy Cross Village, Notre Dame, Indiana.

Brother Harold Ruplinger made the templet for the creation. Brother Chester Rachel, C.S.C. then inserted the colored yarn through the color numbered marked holes.

Note: the yarn circles at the top contain the initials of the two brother names.



More than One

Even when the sunlight dims, brown sparrows
come for one last crumb and congregate
with cardinals, orioles, golden finch
around the feeders swinging in the trees.

The camaraderie suspends, narrows
into pairs by color, an aggregate
of two. It works for reproduction since
a privacy demands it, unlike bees.

Incapable of more, the soul seeks one
who listens, understands, invites inside
where music's made and wonder entertains.

The Son intrudes, of course. It's He—the Son—
who warps our ages and our needs, presides
at merger, facilitates, sustains.

—Brother George Klawitter, CSC



Brother Columba O'Neill, C.S.C.
Servant of God



Website

<https://brothercolumba.com/>



Brother Philip Smith, C.S.C.
Postulator of the cause for Brother Columba

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A Moreau Celebration



The Brothers from southwest Florida celebrating the feast of Blessed Fr. Moreau: Br. Lawrence, Br. Peter, and Br. William.



Father Moreau – Celebrations Begin

In 2023, January to June, the Congregation of Holy Cross will be honoring our founder in special ways. It has been 150 year from the time of Father Basile Moreau's death.

Holy Cross worldwide has already begun special events.

There have been Masses, dinners, and holy hours and planning for future gatherings and events



Midwest Province's Oldest Member in Age and Rank



Robert's binary age is 1011111.

Read below Brother Carl Sternberg's *Holy Cross Roads* where he mentions Brother Robert Moshier as an example of a spiritual hero.

Healthy Aging Series

During the Fall Series on Healthy Aging, it was recommended that individuals, as they age, follow the interdependent model which appears to be the best model for optimum health.

This model entails doing everything individuals can do for themselves but also remain open to assistance from others. By this term, openness to assistance, it is meant that an individual be open and share all their symptoms (physical, mental and emotional) with their primary physician during their yearly or bi-yearly visits. “Speak up – Don’t Hide” is a good rule of thumb. Truthfulness will help the physician or medical professional get a complete, comprehensive picture and implement a treatment modality that can restore, correct your health issue, or even save your life.

On many occasions, in my years with older adults, I would hear the denial responses such as, “it’s no big deal” or “it will go away in a few days” or “I fear what the doctor will tell me.” The most common response is: “I only go to the doctor when I have a bodily crisis.”

Regular doctor visits, early detection, and preventive care are healthy choices to pursue as we age in place. In conclusion, a significant aspect of the interdependent approach to your health is: “Work with the doctor (medical professionals) and Not against them.” It can save your life and keep you healthy.

PERSONAL STORY: After my fall in 2019 due to dehydration, I thought I was fine until our province nurse noticed some abnormalities in my gait and walking. Immediately, she strongly recommended that I get to the ER. 24 hours later I was in surgery with a brain bleed. The surgery saved my life. As a result, this was a situation where I needed to listen to medical advice (and get assistance from others) and “Not Play Doctor.”

Brother Lew Brazil, CSC, LCSW, Director of Healthcare, Midwest Province.



Holy Cross Roads Writings for the Journey

Happy Birthday

The Brothers have been celebrating the 95th birthday of Brother Robert Mosher who is 95 years young. He is the oldest member in the Midwest Holy Cross Brothers Province. Also celebrations have begun for the 150th anniversary of the founder of our Holy Cross Family, Blessed Basil Anthony Moreau.

Brother Robert has been asked to comment on how Father Moreau has been an inspiration during Brother Robert's 60 years of teaching and beyond. He mentions three ways that have been significant. He said Moreau's zeal for mission has helped him maintain his zeal for teaching, and he also credits it for his alertness during his later years. He says Moreau's devotion to the Holy Family has inspired him to appreciate and promote a family spirit among the sisters, brothers and priests and their associates. As a brother like St. Brother Andre he also has a special devotion to St. Joseph. Lastly, Brother Robert looks to Father Moreau's life to more fully grasp the Cross as a sign of hope. By accepting the crosses he experiences in life, like Moreau he has become able to see them as stepping stones to living a fully Christian life. They are signs of future blessings for himself and for the community.

Like Moreau, Brother Robert is a blessing to us all as we journey through life.

- Who are your spiritual heroes?
- What qualities do they possess that inspire you?
- How have others in the Holy Cross Family become a blessing for you?

**O God, help me possess the qualities of Moreau and Robert
that a most admire.**

Brother Carl Sternberg, C.S.C.



For more reflections to grow spiritually
please visit our new blog
<https://weeklspiritualinsights.org/>



Reflection

Sent in by Brother Thomas Maddix, C.S.C.



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