

# MIDWEST – MIDWEEK

Brothers of Holy Cross –Midwest Province - P.O. Box 460 – Notre Dame, Indiana 46556-0460

August 19, 2015



## Senior Friendship Centers – Brother William, C.S.C.

**Brother William Geenen**, founder, has continued recognition since his name and the history of the beginnings of his organization, *Senior Friendship Centers*, appear time and again in the *Herald-Tribune* of Sarasota, Florida.

Excerpts from the *Herald-Tribune* often feature *Senior Friendship Centers* in area news. See the following excerpts below.

Click picture for link - Br. William info.

**Herald-Tribune, July 31, 2015**

### **Senior Friendship over time**

Sept 1, 1973: First Senior Friendship Center opens in Sarasota

1977: First Venice Nutrition Dining Site opens

1983: **Brother William Geenen** Living Room opens in Sarasota

1992: Senior Friendship Centers Foundation is incorporated

1994: Newtown Community Center Satellite Center opens

1999: Senior Friendship Centers expand into Charlotte County

2002: Center for Healthy Aging is dedicated in Sarasota

2007: Senior Friendship Centers establish school of lifelong learning

2013: Senior Friendship Centers celebrate 40th Anniversary

Other excerpts follow – next page.

First led by its founder, **Brother William Geenen**, and then last 28 years by (Bob) Carter, the centers have followed a mission of being all things to all older residents — trying to identify and meet needs as they arise. The strategy has made the agency a model that is emulated in places such as Korea and the Netherlands.

“It’s been **Brother Geenen** and then me (Bob Carter) and now Erin (McLeod),” Carter said. “That’s not many leaders for an organization that’s been around as long as we have.”

Services include dining programs, Meals on Wheels, activities, education, care-giver support and in-home care management.

Further informational links below:

<http://www.friendshipcenters.org/AboutUs/HistoryTimeline.aspx>

Senior Friendship Centers website: <http://www.friendshipcenters.org/>

## Health and Happiness Department



**Brothers Roy Smith, Bill Schu, and Ed Fox**

Use a straw to learn how to focus on your smile muscles. Keep one behind your ear available for smile practice. Note, your lips must not touch the straw as you hold it.



Mary Labuziensi, MS, CLL, shared on Tuesday, August 11, a talk entitled

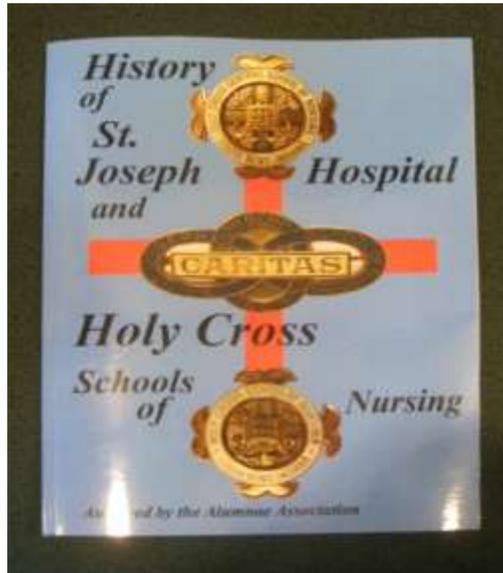
“For the Health of It” – Lifestyle Choices that Help You Thrive

She is the director for *Wellness & Happiness* at *HolisticHealth Alliance* in Mishawaka, IN.

A few suggestions for lifestyle changes are:

Find opportunities to move	Eat a healthful balanced whole-foods diet	Get enough sleep
Listen to your body and do preventive maintenance	Take care of your teeth and gums	Learn ways to reduce & manage stress
Spend your time in the moment	March to your own accordion – eccentricity is healthy	Laugh, smile, celebrate & play

## Midwest Holy Cross Associate Authors Nurses' History



Nurse Rosalie Campanale, author, has published "History of St Joseph Hospital and Holy Cross Schools of Nursing." Publishing date was July 31, 2015.

The book inspired the creation of a YouTube video, "Nurse" produced by *Big Idea Company*.

"This is the extraordinary story of the hundreds of women who've made a difference in the world as graduates of the St. Joseph Hospital and Holy Cross Schools of nursing which officially closed forever in 1975. The alumnae association continued on for an extraordinary forty more years until August of 2015. The story begins in 1861, when dozens of brave Indiana women, Sisters of the Holy Cross, headed off to America's Civil War to serve the sick and dying men from both sides of the conflict. These women are now officially recognized as forerunners of the United States Naval Nurse Corps." (YouTube)

Use this link to view the video:

<http://youtu.be/BCeSvJU4HNc>

## Cemetery Markers



For list of positions of cemetery stones, click link below:

[http://www.brothersofholycross.com/MIDMID/Cemetery\\_Markers.pdf](http://www.brothersofholycross.com/MIDMID/Cemetery_Markers.pdf)

*The graves are identified by Rows (A to P) running north-south (perpendicular to Holy Cross Parkway) and*

*Columns (1 to 31) running east-west (parallel to the Parkway).*

*Thus, grave A-1 is at the entrance in the northeast corner and Grave P-31 is in the southwest corner.*

Last Name, First Name [M-6]

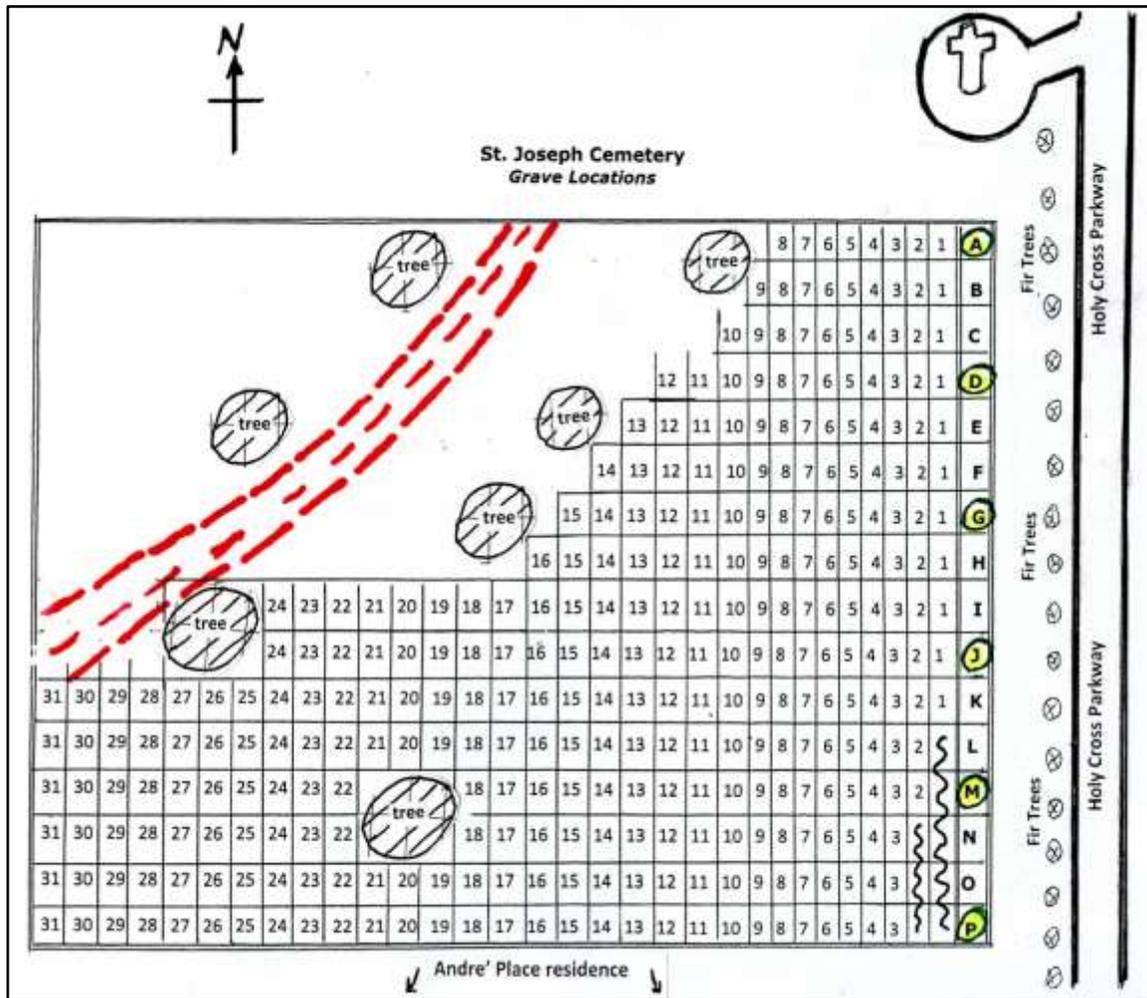
↑  
↑  
—— Column Number  
—— Row Letter

## Making St. Joseph's Cemetery "Visitor-Friendly"

There are 279 Holy Cross Brothers interred within St. Joseph's Cemetery behind the fir trees on Holy Cross Parkway in Holy Cross Village.

In addition to the 242 Midwest Province brothers buried, there are also 37 brothers from other provinces (30 from the South-West, 6 from the Moreau, 1 from the Eastern).

The flat gravestones (actually "footstones") are neatly arranged in rows and columns. There are 16 Rows (labelled A to P) which are perpendicular to the fir trees and as many as 31 Columns of gravestones which lie parallel to the trees in each row. [See the 'checkerboard grid map' below.] The red dotted line identifies approximately where the curved road along the railroad tracks was located before the construction and landscaping of Andre' Place.



When the cemetery was originally laid out, young fir trees were planted to form a border along Holy Cross Parkway. They have grown taller and wider over the past 50 years. Thus, there were no graves in Column #1 for Rows L to P and none in Column #2 for Rows N, O, and P.

The first brother to be buried in Plot #A-1 (in the northeast corner of the grid map) was Paulinus Walker in August, 1966. It would seem that all future burial plots would then be arranged in chronological order, but such is not the case.

For instance, in Row "I" Timothy Hickey (who died in 1995) is buried between two 1991 gravestones. In 2003-2004, a number of trees were removed from the central area of the cemetery to provide more burial plots. Thus in Row L, you'll find 6 graves of brothers who all died in 2008, but are now "sandwiched" between two 1998 gravestones! In 2010, it was decided to continue burials by filling in all open spaces in the rear-most rows (P, then O, N, M) and then proceed to the north rows. The next burial will be in row L-21.

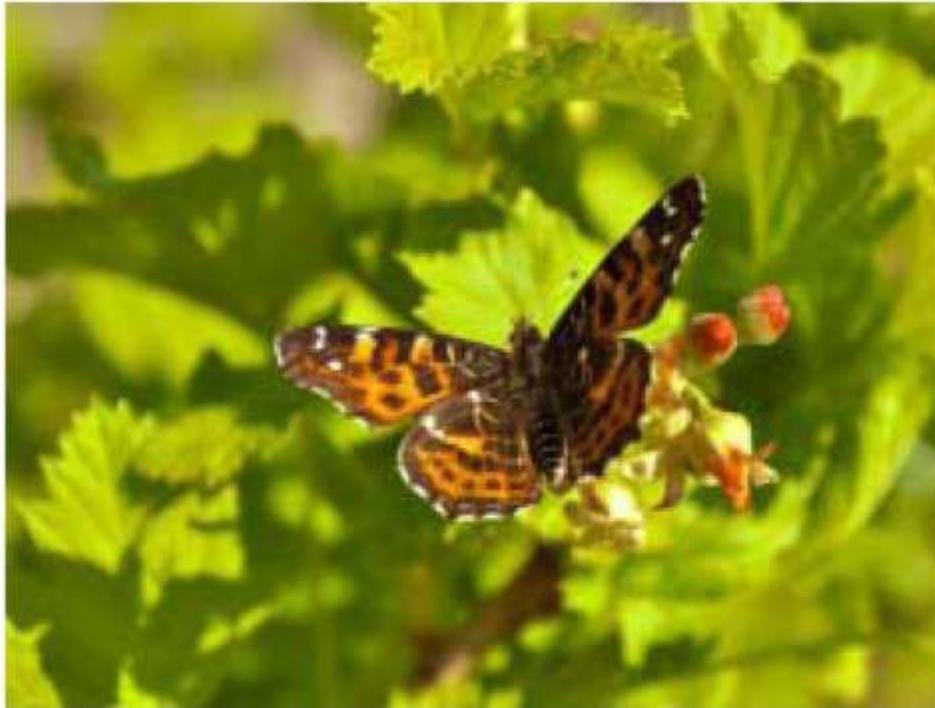
In order to make a visit to St. Joseph Cemetery more "user-friendly," large markers have been made and placed at the beginning of each Row. To be economical and efficient, the Row Markers are just the letters A, D, G, J, M and P.

A person interested in visiting the cemetery to find a specific burial plot can first print the link to the 4-page handout "***Who is buried and where.***" After locating the deceased's name, one notes the Row Letter, and uses the Column Number to count off the number of gravestones to locate the person's burial plot.

**Also:** If someone is interested in locating the grave of a brother who is buried in the Community Cemetery at Notre Dame, just contact the Archives to receive a grid map to the location of the gravestone of the brother.

**Brother Larry Stewart**

## Reflection



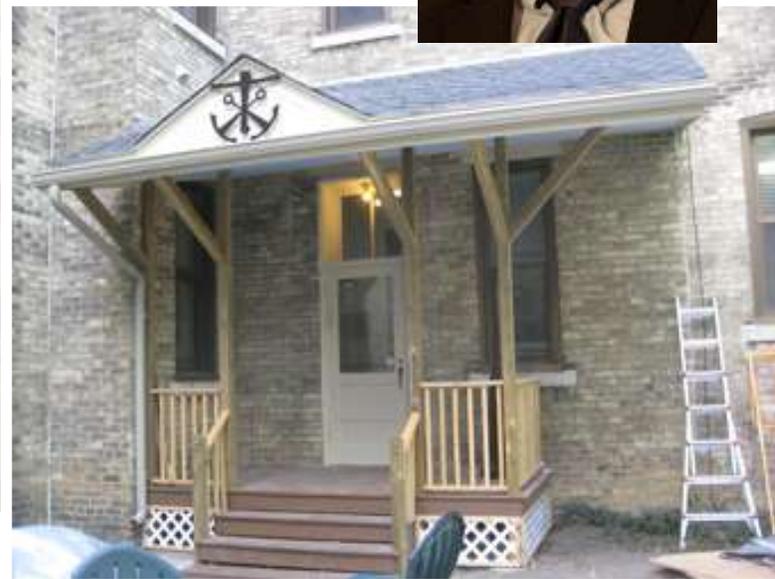
"Certain things catch your eye,  
but pursue only those that  
capture the heart."

Native American Proverb

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[www.providencehealthcare.org](http://www.providencehealthcare.org)

## Roof Over Head

**Brother Thomas Moser** and his crew are spending many of the sunny days creating porch roofs for the outside back doors of Columba Hall. Check them out on your next visit.



## Past Copies of Midwest-Midweek

Past copies of Midwest-Midweek may be viewed by scanning the icon or clicking on the link below.

<http://www.brothersofholycross.com/midmid.htm>



<b>View Website at:</b>	<b>View Midwest-Midweek at:</b>
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Please have material to **Br. Richard Johnson** by Thursday the week before *Midwest-Midweek* is published.

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