

MIDWEST – MIDWEEK

Brothers of Holy Cross –Midwest Province - P.O. Box 460 – Notre Dame, Indiana 46556-0460



April 13, 2011



Wellness Program Features Dementia Presentation

Barbara Dzikowski, the Program Director of the Alzheimer's & Dementia Services of Northern Indiana, on the evening of April 11, gave a presentation entitled: "Unraveling the Challenges of Dementia," to a full-house at Columba Hall. The presentation on dementia and Alzheimer's and how Brothers can minister to those suffering the diseases was long overdue.

The hour-long presentation by Barbara involved the use of overhead graphics as well as distributing a detailed printout of her presentation. Topics discussed included:

- What is memory?
- What is normal age-associated impairment?
- What is dementia?
- Treatable (or other chronic conditions) that can cause dementia.
- True (or progressive) dementia
- What are the warning signs of dementia?
- What is Alzheimer's disease?
- No sense of time
- Alzheimer's is "retro genesis"
- Leave the "thinking" realm; enter the emotional realm
- Communication tips
- "Behaviors are..."
- Common "triggers" for behaviors
- When problems arise

Barbara took time during her presentation to answer many questions from the Brothers attending. In closing Br. Lewis Brazil announced that this would be just the first of a number of health topics to be covered in future talks.

On May 14, a number of Brothers will participate in the Annual Dementia & Alzheimer's Walk at Newton Park in Lakeville, Indiana, to benefit the Alzheimer's and Dementia Services of Northern Indiana. Brothers are encouraged to walk or send pledges to **Brother Thomas Cunningham** at P.O. Box 706, Notre Dame, Indiana 46556. This year we are honoring three Brothers suffering from a form of dementia and six Brothers who have died of the disease during the past year.



Events at Holy Cross Village This Week



Later this week Holy Cross Village will have three events which may be of interest to South Bend area Brothers.

On Wednesday, April 13 beginning at 2:00 p.m., **St. Joseph's High School Choir** will perform in Our Lady of Holy Cross Chapel. The Christmas presentation in the Village by the choir was cancelled due to the December snowstorm in the South Bend area.



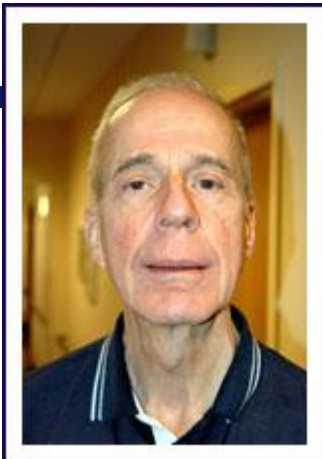
Willa Cather

The 2011 Spring Presentation of the **Holy Cross Village Series** will be held on Thursday, April 14 beginning at 3:00 p.m. in the Great Room of Andre Place. Dr. Isabel Charles, Professor Emerita, of the University of Notre Dame, Notre Dame, Indiana, will present "Thoroughly Modern Willa: A Glimpse of Willa Cather, Novelist 1873-1947."

On Friday, April 15 from 3-5 p.m. **Holy Cross College and Holy Cross Village** will present their "**Arts Day Salon**" featuring Kerry Temple of the Notre Dame Magazine, April Williams of Columbia College, Chicago, Illinois, and Ramiro Rodriguuz of the Snite Museum, Notre Dame, Indiana.



All presentations are free and open to the public.



Lenten Lecture Series - 2011

The Great Room at Andre Place
Holy Cross Village Wednesday 7-8 pm



Rev. Ken Grabner, C.S.C.

April 13

"Growing into the Resurrection"

We are called to evolve into ever more conscious ways of living, not only now, but also in the time to come. We are growing toward the resurrection that is a key point in this process, but it is not the end of our evolution. We continue to grow forever in a journey that begins now and reaches into eternity.

Fr. Ken Grabner is a member of the Congregation of Holy Cross. He has taught at the University of Notre Dame, started mission effectiveness programs in two hospitals, authored three books, and is presently on the chaplaincy staff at Holy Cross Village.

View all speakers at:

<http://www.brothersofholycross.com/Lent2011/Lent2011.htm>



Wellness Program to Offer Weight Management Class

Elizabeth Cecil, RN, BGS, nurse at Columba Hall, will be offering a **Six-Week Weight Management Class** for brothers who would like to lose some weight. Elizabeth will meet with participants on a **one-to-one** basis in the Nursing Wellness Office at Columba Hall at a time and day that is convenient for the participant. Each session will last 30 to 45 minutes and will meet weekly for six weeks.

After six weeks Elizabeth can meet weekly for a follow up program. These follow-up sessions will last 30 minutes or less depending upon how well the participant is doing with the progress.

Participants will keep a daily Food Diary including counting either calories or carbohydrates and turn it in weekly. Comments/suggestions will be made then and returned to participants at the next class. He will calculate the amount of calories he needed to eat to lose 1 lb. in a week. He will choose a physical activity that he can do during each week and record it.

We will discuss the various food groups and the vitamins/minerals in these groups as well as standard serving sizes of food groups. We will discuss various weight loss techniques as well as how to prepare mentally for eating out and holiday/event eating.

If the participant has diabetes we can calculate out how many carbohydrates he can be eating per day. He will be able to work with Peggy, the Dietitian at Columba Hall, in obtaining his weight goal and helping him to feel better.

The program will begin the week of April 25. Please contact Elizabeth Cecil if you wish to participate in the **Weight Management Class**. Elizabeth Cecil, RN, BGS

Columba Hall Wellness Nurse, P.O. Box 776, Notre Dame, IN 46556-0776, Ph: 574-631-9965, Fax: 574-631-3490, chnurse@brothersofholycross.com

Brother Terence Allen Muehlenkamp, C.S.C.

November 7, 1945 – April 5, 2011

Brother Terence Allen Muehlenkamp, C.S.C., age 65, died on April 5, 2011, at his senior living residence, in Mishawaka, Indiana. He was born in Van Nuys, California, the son of John Joseph and Margaret (Krause) Muehklenkamp. He attended Blessed Sacrament Elementary School and Aquinas High School in LaCrosse, Wisconsin when the family moved to the Midwest. He worked at the Super-Valu Store while in high school,



graduating in June of 1963. Two weeks later he joined the Brothers of Holy Cross and went to Sacred Heart Juniorate in Watertown, Wisconsin. He began his novitiate year in August at Rolling Prairie, Indiana and pronounced his first vows in August of 1964. He was assigned to St. Edward's University in Austin, Texas where he studied from 1964 to 1967.

Brother Terence joined the faculty of Gilmour Academy in the fall of 1967 and taught for 5 years. He pronounced his final vows on April 17, 1971. Since he had taken the Foreign Mission vow, he was assigned in 1972 to teach at St. Nicholas High School in Nagari, Bangladesh. Unfortunately, he contracted a severe case of viral pneumonia and returned after just a year there. He joined the faculty at Holy Trinity High School in Chicago and taught for 2 years and then served as principal for 4 years until 1979. He took the job as rector of Carroll Hall (the former Dujarie Hall) for a year and then was the Director of La Casa de Amistad in South Bend, where he began his work in prison ministry for the next four years. In this work, Br Terence said that his satisfaction came from helping people come to grips with their life situation and working through crises with them.

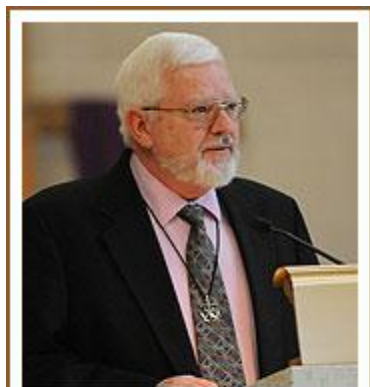
He became the Executive Secretary of the Holy Cross Social Justice Commission in South Bend, and served for 3 years until 1985. That fall he returned to Holy Trinity High School to again serve as principal until 1989. Brother Terence resumed teaching in high schools, one year at Holy Cross School in New Orleans, 10 years at Holy Cross High in San Antonio, and one year at Holy Trinity High. A reoccurrence of pneumonia and a serious case of diabetes contributed to the loss of one of Brother Terence's legs in 2002. Through the rehabilitation he received, he was able to serve as a counselor at Archbishop Hoban High in Akron for two years until 2004 when he moved to Notre Dame and resided at Schubert Villa while assisting as a counselor to students at Holy Cross College until 2007. He then moved to the Tanglewood Trace senior living center in Mishawaka, Indiana until his death.

During his years of counseling students and working in prison ministry, Brother Terence was asked why he became a Holy Cross Brother. He remarked that he had read a passage from the Gospel of Matthew in high school that influenced his whole life ... *"when I was hungry you gave me food, when thirsty you gave me drink. I was a stranger and you welcomed me, when in prison you visited me. Jesus said as often as you did it for the least of my brothers you did it for me."* Terence concluded, "I wanted to be a Brother so I could dedicate my life to helping others."

Visitation will be held on Saturday, April 9th, at St. Joseph's Chapel from 9:00 to 10:00am on the grounds of Holy Cross Village at Notre Dame. The Mass of Resurrection will then follow with interment afterward in St. Joseph's Cemetery of the Village. Kaniewski Funeral Home is handling the arrangements.

Memorial contributions, in honor of Brother Terence Muehlenkamp, C.S.C., to support the mission and ministries of the Brothers may be sent to: Brothers of Holy Cross, Office of Development, P.O. Box 460, Notre Dame, IN 46556.

Eulogy for Brother Terence Allen Muehlenkamp, C.S.C.



Brother John Tryon, C.S.C.

Delivered By
Brother John F. Tryon, C.S.C.

St. Joseph's Chapel Holy Cross Village Saturday
9 April 2011

When I was hungry, you gave me to eat; when I was thirsty, you gave me to drink. I was a stranger, and you welcomed me,' when in prison you visited me.

I can't but believe these words spoken by our Lord and brother, Jesus-the Christ to his disciple more than two millennia ago, are being said to our Brother Terence now and for eternity.

Terry's ministry took him from the campus of Gilmour Academy through Bangladesh to the halls of Holy Trinity High School and streets of Chicago; from Carroll Hall on the campus of the University of Notre Dame to the cells of St. Joseph County Jail and La Casa de Amistad in South Bend; from Holy Cross Schools in New Orleans and San Antonio to the counseling offices at Archbishop Hoban High School in Akron before leading him marginalized by diabetes to Schubert Villa and finally Tanglewood Trace.

Whatever his ministry-whenever God called him to serve-terry's mission was resolute: to stand with the marginalized, to speak for and with the least of our brothers and sisters.

I had the privilege, if not always the pleasure, of serving with Terry at Holy Trinity High School. If at times I have been regarded as stubborn, I met my match in Terry. Once he'd made up his mind, no argument or protestation could prevail against his Germanic iron determination. I thought it clever-playing off his surname-to dub him "the mule" because of his single-mindedness. The first time I called him mule, he let me know he found me not only stubborn but imperious by dubbing me "the Ayatollah".

Anyone who knew Terry knew he had a temper. At times, not often, we had rather loud arguments. I remember during one such session in his office one evening, the basketball coach popped his head in the door to see if blood was being drawn. The next morning the coach came to me with a look of total mystification. He said, "after over-hearing you and Brother Terence last night, I thought you'd either quit or be fired. But, then, when I was driving home, I saw the two of you walking down Division Street talking and laughing." I was surprised that coach was surprised. Terry loved a healthy no holds barred verbal altercation. After his pallor returned to normal and his eyes returned to his sockets, he seemed energized and ready to share good humor and his legendary laughter. Terry loved to laugh, and-as I'm sure his family knows even better than his brothers in Holy Cross-he loved to tease. Lord ... how he loved to tease.

But what I remember most about our years together at Holy Trinity was his unwavering devotion to the students. He was not just the counselor and principal, he was a shepherd. During winter storms, when every other school in the city was closed, Holy Trinity remained in session. Why? Terry saw the school as more than an academy of learning; he saw it as a community of refuge - a place where young men were safe from the violence of the streets.

Terry loved to walk. Indeed, if Terry wasn't in the school, he was on the streets in the neighborhoods where most of our students lived. Most often it was just to be around, to be accessible. At other times, he would be hunting for a student who had run away from home or was in some pretty serious trouble with the police or a rival gang. Those young men knew Brother Terence loved them. They reciprocated that love and loyalty. Two springs ago, some of them came to the village to visit him; they were from the Holy Trinity Class of '78. I believe some of them who couldn't be here today came to the wake yesterday. Both times they came not out of any sense of duty but out of pure devotion. Such devotion captures the meaning of Whitman's elegiac "Oh Captain! My Captain!"

Terry's tireless service to others-I'm not sure when he slept-extended beyond the schools and often dangerous streets of cities. I can't speak personally of all of his ministries, but I do want to tell you of his ministry as chaplain at St. Joseph County jail. I was a graduate student at Notre Dame during those summers and resided at Columba Hall where Terry lived. In the wee hours of the morning, I'd be in the quiet recreation room fretting over an accounting course. Terry would walk in, just arriving from the jail. He would have a beer, and we'd laugh and talk. He'd often talk of the inmates, their loneliness, frustration and their pain. It was clear to me, their loneliness, frustration and pain was his.

I think that sums up this puny attempt at eulogizing Terry: his ministry was to serve the marginalized, but his mission was to be one with-and of-them.

My final thought-no, not my final thought, for I will think of him for however many years are left to me. Rather, my closing words about Brother Terence Allen Muehlenkamp for today are these: if he served with a singleness of purpose, he was one of the more complex of God's children. While he often stomped through this world demanding justice for the oppressed, He did so belying his innate, hidden shyness and tenderness. He was often hurt, but rarely showed it. He didn't have time.

Terry, we bless you as you have blessed so many others with your energy and love. Go with God, good and faithful servant.

Prayer Requests

Progress of Brother Thomas Maddix

The chemo therapy is working well and I find myself in a position where blood transfusions are no longer needed and I am feeling very good. The chemotherapy regimen that I am taking has the best results leading to remission. There is always a possibility of relapse, but I am hoping that I can move into a remission/relapse free for a long period of time.

After several medical consultations, we are not going forward with a bone-marrow transplant at the present time as the transplant routine for my type of leukemia is still experimental. At the present, I am going to do all the preliminary medical tests for a bone marrow transplant, but wait to see if there is a relapse and only

then will we decide if a bone marrow transplant is the best way to address the situation or use more conventional treatment.

Where does that leave me? I still have 3 rounds of chemotherapy to do and have a total of 5 more booked if needed. The next round starts on Thursday and ends on Saturday followed the next week (Thursday through Monday) with injections to grow white blood cells and improve my resistance to infection. Thus, if all goes well, by mid-June, I hoped be finished with treatment...

I feel good, my energy is high...not high enough to go back to work, but much, much better than it has been. So, steps towards healing are happening. I am extremely grateful for the prayers, visits, card, phone calls, emails, etc. that have been showered upon me. They are key to my healing process. Keep them coming...the journey is a long one, and is filled with a lot of mystery and wildcards...but I sense I am moving through this well with all of your support. Thank you...

Brother Thomas Maddix



View Website at:

www.brothersofholycross.com

View Midwest-Midweek at:

www.brothersofholycross.com/midmid.htm

Please have material to **Br. Charles McBride** by Monday of each week *Midwest-Midweek* is published.

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