MIDWEST – MIDWEEK

Brothers of Holy Cross - Midwest Province - P.O. Box 460 - Notre Dame, Indiana 46556-0460

October 19, 2022

Our Poets, Past and Present

In Falling They Arise

"Aspire to reach the stars," the proverb urged, and those who did ascend these human heights found there a place where work and stars converged;

then plummeting they rose up living lights.

The downward rush with fury upward cast their mighty spirits, plain though they appeared, five thousand plus, a tally awesome, vast, two towers full of stellar souls who never feared

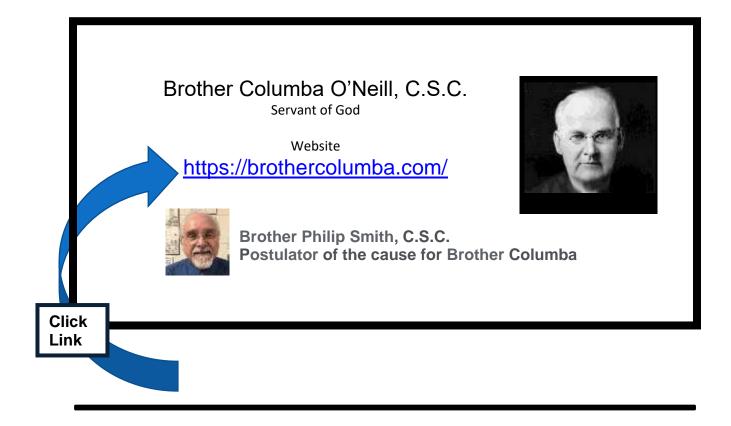
to rise above the masses surface bound, enjoying vision not the least impaired or spoiled, a vision broad that could astound their mates who live unable to have dared.

These souls are free of all that ties to earth; though falling, they rise up in fresh new birth.

--Brother Philip Armstrong, CSC September 30, 2001S







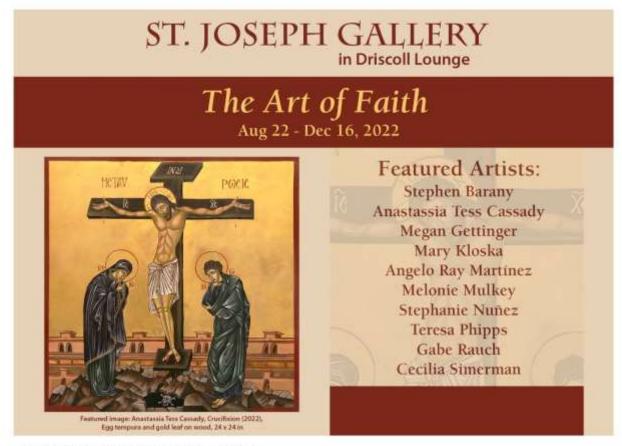
Richard Bautch, Ph.D. Holy Cross Institute Director



Richard, the Interim Executive Director of the Holy Cross Institute at St. Edward's University, stopped by for lunch. He gave a brief introduction of what he is about to the members of Columba Hall community followed by visiting the tables and personally meeting with them close up.

Richard (left) talking with Brother Fred Raehsler.

Holy Cross College Exhibit



* HOLY CROSS COLLEGE at Notre Dame, Indiana

54515 State Road 933 North Notre Dame, IN 46556

Holy Cross Roads Writings for the Journey

We've Got it

Many times we think "if only I could be more.... or do more...., I would be able to claim my Christianity. But if we really believe what happens at our Baptism, that we become children of God and that God dwells within us, then it is not about being more or doing more as such, it is about realizing what we already have. It's about letting the gifts of the Holy Spirit which we already have in "seed form" take root, grow and blossom in us.

When times get tough, we can call on our inner peace, our inner courage, our inner patience, our inner reverence for God. We can activate the gifts we have been given that have lain dormant. The God who is the source of this inner life is with us and will help us bring to life all that he has promised: "I have come that they might have life and have it more abundantly." This does not mean that we have no part to play. What it does mean is that we do not have to start at ground zero. We do have to nourish what we have been given by daily relying on our faith and by bringing to it to fruition by our actions. We become transfigured by God's love for us. We've got it; now we need to live it.

- Was your Baptism an event that happened in the past or is it relevant for you today?
- What is meant to know that God is dwelling in you?
- How are the graces of your Baptism manifested in your life?

O God, help me activate today what was given to me at my Baptism.

Brother Carl Sternberg, C.S.C.

For more reflections to grow spiritually please visit our new blog <u>https://weeklyspiritualinsights.org/</u>

Reflection Sent in by Brother Thomas Maddix, C.S.C.

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Providence The body heals with play, the mind heals with laughter and the spirit heals with joy.

Spiritual Health Awareness October 16 – 22, 2023 are und the provision of em-



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