

MIDWEST – MIDWEEK

Brothers of Holy Cross – Midwest Province - P.O. Box 460 – Notre Dame, Indiana 46556-0460

October 4, 2023, 2023

Columba Hall: House Members, Canonical Visitors, and Members from India and Bangladesh for an Educational Experience with our sponsored Midwest Schools and Midwest Associates.



Our Poets, Past and Present



And Football Matters

That Notre Dame has won a football game
should measure low on any value scale,
but expectations here are not the same:
the team is to excel and never fail!

My Dad enrolled here eighty years ago,
a “day dog” living with his aunt in Niles,
and started a career that was to grow
to forty years that knew both joys and trials.

I’ve been involved, myself, from early
years, and football matters greatly at ND:
we fans are nourished on despair or cheers,
and none of us can live indifferently.

Disinterested though we seem, or cold,
hope springs eternal ‘neath that dome of
gold!

—**Brother Philip Armstrong, CSC**
October 7, 2001



Elevator Luncheon Columba Hall – Thursday – September 28, 2023

A catered luncheon was held at the Hall to celebrate the updating of the Otis elevator and thanking all involved in getting the job done: our house staff (kitchen, maintenance and nursing departments), and all house members who managed the stairways and chair lift.





Its speed is literally breathtaking.

The sweeper is not part of the newly updated elevator!

Canonical Visit Archbishop Hoban High School



Fr. Emmanuel Kallarakal, C.S.C., celebrated Mass in Holy Cross Chapel on September 26 at the end of the Canonical Visit to Archbishop Hoban High School.

Fr. Emmanuel along with Br. Prodip Placid Gomes, Fr. Thadeus Hembrom, Br. Uijal Pereira, Br. Maria Siuresh Xavier Raj, and Fr. Bijumon Thomas spent the day meeting members of the Hoban faculty, staff, and students.



Birthday Party



A belated-birthday office party was held for Br. Kenneth Haders, CSC, in late September. Pizza replaced the cake.

Holy Cross Roads

Writings for the Journey

With a Glad Heart

Do you have a glad heart? When you are able to see beyond your own personal preoccupations, and have the opportunity to serve another, it might open up the possibility. It becomes easier to experience gladness when you are able to meet another's needs. Think of the many times you have been served in a restaurant with the waiter who serves with a glad heart by what she or he says but most of all by her or his spirit which can become contagious and helps you and your companions begin the meal with gladness.

This is just one example of how we might be receptive to joy. Another powerful example would be seeing on TV the joy of the million and a half youth and their companions on World Youth Day. This is what Pope Francis wanted to convey in his letter, "The Joy of the Gospel." We committed Christians who follow Jesus, even though we are invited to take up our Cross and the suffering in the world, know that Christ had overcome fear in its many forms and even death itself. Faith and hope can lead to an experience of a glad heart which is also contagious. With a glad heart we are called to praise God and with our lives reflect an "Alleluia" that can never be far from our true self.

- What keeps you from having a glad heart?
- What gives you a smile as you go through your day?
- Does an inner relationship with Christ bring happiness to your life? O God, help me reflect the joy of being Christian.

Brother Carl Sternberg, C.S.C.



For more reflections to grow spiritually
please visit our new blog

<https://weeklyspiritualinsights.org/>



To Eat or Not to Eat

To eat or not to eat – that’s not a question but the problem epistler St. Paul had to solve for the Corinthians. (1 Corinthians 8:4-12).

In New Testament times food was not readily available for most people, especially those living in cities. Because of a lack of refrigeration for preservation, any available food had to be eaten up immediately and completely.



Meat, an otherwise infrequently staple commodity for one’s fare, was available for purchase from animal sacrifice “left overs” at pagan temple idol worship. The fact that some of the Christian Corinthians bought and ate this meat resulted in the complaint brought to Paul by others who were scandalized by the practice.

To explain themselves, the Corinthian Christians who bought and ate the meat of an animal sacrificed to a pagan idol argued that, inasmuch as they believed in the one true God and his divine son Jesus, they were not acknowledging the existence of the idol nor approving of such worship. So, as far as they were concerned there was no problem, meat was meat.

Others, perhaps not as knowledgeable, viewed such a practice as a betrayal of the faith, to which Paul replied: “But not all have this knowledge. There are some who have been so used to idolatry up until now that, when they eat meat sacrificed to idols, their conscience, which is weak, is defiled,”

“Although Paul evidently found no problem with those Christians whose faith was the basis of justifying their practice of eating temple meat, Paul was critical of their attitude toward those who did otherwise, when he told them that their failure to instruct those needing instruction was a “sin.”



Reflection sent in by Brother Thomas Maddix, C.S.C.



Providence
Health Care
HOSPITALS AND HEALTH SERVICES

THANKSGIVING
October 9th, 2023

Gratitude is when memory
is stored in the heart
and not in the mind.
- Lionel Hampton

This reflection is courtesy of Mission, Ethics & Spirituality @ Providence Health Care
Vancouver, British Columbia, Canada providencehealthcare.org

October 9, 2023

Gratitude flows from the recognition that
Who we are and what we have are
Gifts to be received and shared.

Henri Nouwen

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Midwest-Midweek publications will be on an irregular schedule. I am experiencing some health problems. Br. Richard, CSC