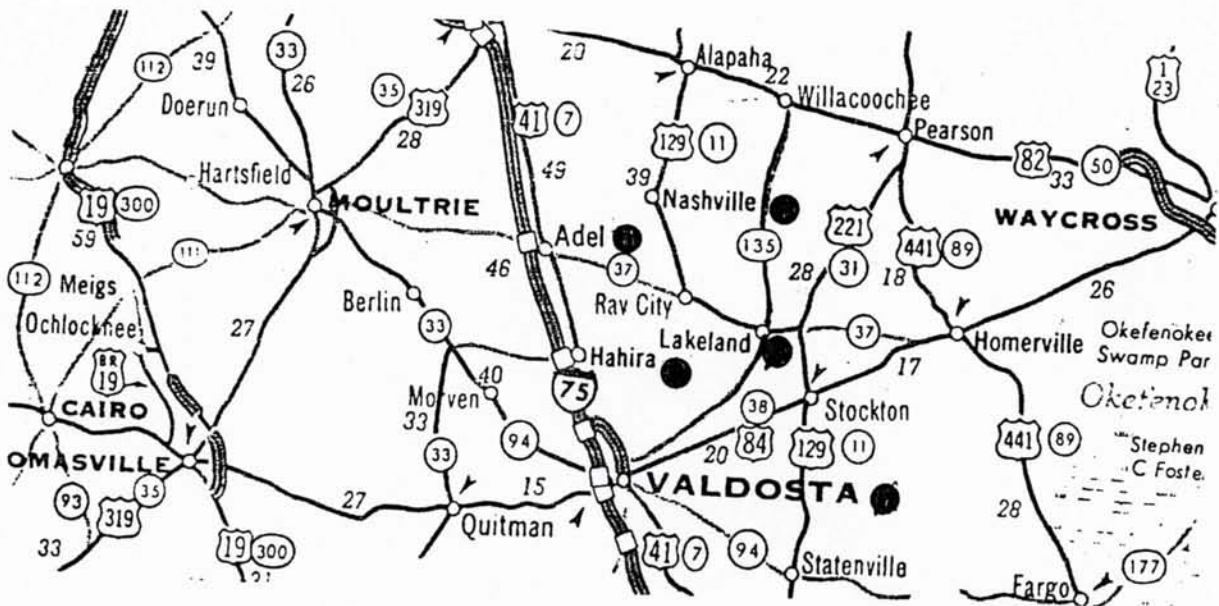


Midwest Bits and Pieces



June 1, 1991

Mission In Valdosta, Georgia



The names and assignments of the four Brothers who will work in the new ministry in Valdosta, Georgia were announced recently. They are:

BROTHER JAMES ALBRIGHT, CSC. Jim will do initial study and research of social service needs in the area with specific interest in the feasibility of a Shelter for the Homeless. He will be sponsored by Holy Cross Province, New Rochelle, New York.

BROTHER ROBERT ANDREASEN, CSC. Bob will work with the youth of St. John's Parish (C.Y.O.) and the Catholic Youth at Valdosta State College (Newman Apostolate). He will be sponsored by St. John's Parish.

BROTHER RICHARD CRITZ, C.S.C. Richard will work with the Hispanic/Migrant population, centralized in Hahira. He will be sponsored by Queen of Peace Parish (Lakeland) and its missions in Nashville, Adel and Hahira.

BROTHER WALTER GLUHM, C.S.C. Walter will work as a part-time faculty member of St. John's School, Valdosta, and assist in general ministry needs as they develop. He will be co-sponsored by St. John's School and Holy Cross Midwest Province.

Doctors Recommend Four New Food Groups

A group of physicians is asking the Federal Department of Agriculture to abandon the traditional four food groups -- meat, fish and poultry; grains; dairy products; and fruits and vegetables -- and to advocate four new groups: fruits, legumes, grains and vegetables, according to an April 10 New York Times article.

"The typical Western diet, high in animal fat and protein and lacking in fiber, is associated with increased risk of cancer, heart disease, obesity, diabetes and osteoporosis," said a report by the group, the Physicians Committee for Responsible Medicine, a Washington-based nonprofit organization active in health and research policy.

High meat consumption in the United States has also been linked to environmental problems such as topsoil loss related to raising livestock.

Although the public has reduced its red meat consumption, the intake of fish and poultry has gone up, thus increasing total consumption of animal protein, said Dr. Neil Barnard, who directs the group. The result is that "in America we accept heart attacks, cancer and stroke as normal events of later life," he said.

Brother Pedro to Expand Program at WSND

For the past year, Brother Pedro has been preparing and presenting two radio programs on WSND, the student station at the university. Both have been well received. Recently, an announcement from the station stated: "As summer approaches, WSND is undergoing a few changes. I expect that the most popular of these will be the expansion of Brother Pedro Haering's well-loved show, Performers of Our Time. We have received so many enthusiastic letters about Brother Pedro's shows that he has agreed to air an extra hour on Sunday Evenings."

Masters Degrees

Brother Donald Gibbs of the Midwest Province and Brother Subal Rozario of the St. Joseph Vice-Province of Bangladesh, recently were awarded Masters Degrees. Brother Donald received his degree from St. Mary's College, Winona, Minnesota. His specialty was Pastoral Ministry. Brother Subal received his Master of Science in Administration degree from the University of Notre Dame.